

## Beyond Disease Management

### Uses predictive modeling to aid in patient identification and management.

HMA's partnership with American Health's *Beyond* Disease Management program combines predictive modeling, education, monitoring and lifestyle coaching to identify and manage the members most likely to incur the greatest health care costs in the future. The goal is to reduce or prevent the escalation of health care costs.

### Key Features and Advantages

- Cutting-edge predictive modeling software identifies future high-dollar members using claims, pharmacy and other data.
- Cases can be referred to *Beyond* Disease Management program by providers, Utilization Management, Case Management, Demand Management or employers.
- Clinical assessments ensure proper member risk stratification.
- Members have access to around-the-clock nursing support via our toll-free Care Line.
- Members receive outbound calls based on level of severity.
- All members receive welcome packets and educational material appropriate to their condition and risk level. Satisfaction surveys are sent to members annually and upon case closure.
- Our nurses communicate with members' physicians to coordinate care plans and interventions.
- Our nurses work with members to help them understand their risk factors and utilize the most appropriate resources in the most appropriate settings.
- Clients receive reports outlining progress of the program.
- The *Beyond* Disease Management program is compliant with HIPAA privacy regulations.
- The program is in process for URAC's Disease Management Accreditation.

### Bottom Line

HMA clients benefit from comprehensive care management for their highest cost members.

