As an HMA member, you’re eligible for the CHP CAMaffinity Program, which provides a 20% discount on complementary and alternative medicine (CAM) services offered through The CHP Group's growing network of chiropractors, acupuncturists, naturopathic physicians and massage therapists. Find a provider at www.chpgroup.com.

1. Search the CHP Provider Directory by visiting the CHP website, www.chpgroup.com, and clicking on Provider Search
2. Find a provider for which HMA is indicated as a participating plan
3. Schedule an appointment with a CHP provider advising of your membership in The CHP CAMaffinity Program through the HMA Advantages Program
4. Show your HMA card at your appointment to receive the 20% discount on CAM services

• **Chiropractic** is a form of diagnosing and treating illnesses that affect the nerves, muscles, bones, and joints of the body. This noninvasive therapy focuses on reducing pain and improving the function and structure of the body.

• **Acupuncture** is the stimulation of specific points on the body by the insertion of thin metal needles through the skin. This treatment can relieve pain, reduce inflammation and alleviate the symptoms of many diseases and conditions.

• **Naturopathic Medicine** uses clinical nutrition, herbal medicine and homeopathy to diagnose and treat patients.

• **Massage Therapy** is the manipulation of the soft tissue structures of the body to help prevent and alleviate pain, muscle discomfort, muscle spasms, and stress.

This valuable program is provided to you free of charge by HMA as an additional benefit of membership. As an HMA member, you will receive a 20% discount on CAM services offered through The CHP Group's growing network of providers, without restrictions on dollar amounts or number of annual visits.

**To access these discounts, simply follow these steps:**
Each of the CAM providers participating in The CHP CAMaffinity network is subject to routine credentialing to ensure your safety, and The CHP Group has over 20 years of experience administering benefits in the field of complementary and alternative medicine. For more information on The CHP CAMaffinity Program, call 1.800.449.9479 or 1.503.203.8333.

HMA is completely independent from the companies that provide these products and services. HMA does not endorse or guarantee the products and services offered or their effectiveness. HMA reserves the right to change the program at any time without prior notice.